



Gym Rules for Gymnasts

NO playing on the equipment before or after class

NO running unless instructed by a staff member

Appropriate clothing and bare feet, hair tied up and no jewellery

Participants are to bring their own water bottle to be placed in designated area

Children are not to leave the gymnastic area without staff authority

Abide by the Participant Code of Behaviour
(refer to POLICIES MANUAL)

Have fun and keep smiling!





Gym Rules for Parents and Spectators

Please supervise any of your children who are not involved with the gymnastic class and keep them out of the gymnastic area

No food to be brought onto the gymnastic area.

Please ensure all valuables are kept close to you - we don't want your things to go wandering.

Abide by the Parents / Spectator Code of Behaviour (refer to POLICIES MANUAL).

In the interest of member protection, NO photographs or videoing will be allowed unless you have prior permission from the head office or head coach.

Have fun and keep smiling!

